

## Personality Styles

### Getting to Know the *Authentic You*.

This is a simple, free and incredibly powerful tool that will tell you more about your leading personality traits, how they work and how you can use them to make life better for yourself and those you care about?

Knowing and understanding how you operate in the world allows you to better assess your own decisions in life, past and future, so that you *know* you're doing the right things for you in the present.

You will learn more about yourself than you've known before.

- Why you prefer certain situations, people and jobs.
- How you make decisions about the important things in life.
- How you process information from the world around you and how you make sense of it.
- How you prefer to take actions.



You'll learn lots about the relationship, partner, job, hobbies and much more that are right for you!

1. Visit [www.16personalities.com](http://www.16personalities.com).
2. This is a FREE personality profiler and in my opinion is one of the best.
3. Click on the link 'Take the Test' and follow the instructions and answer the questions. It doesn't take very long, maybe 10 – 15 mins tops.
4. Don't overthink your answers. The test 'forces' a leading answer one way or the other. This is how it identifies your *leading* personality traits.
5. Once you have finished the test you will receive a personality profile to your email with a HUGE amount of information. Most people find this information to be scarily accurate and it opens many people's eyes to their true selves very quickly!
6. Read the report, assimilate the information and I'd recommend highlighting sections that really stand out for you.

For further information or if you would like to register your interest in 1-2-1 coaching please visit [www.shortsteps.co.uk](http://www.shortsteps.co.uk).

